CLINICAL HIGH RISK SYMPTOMS

GENERAL SYMPTOMS
- Depression
- Anxiety
- Irritability & anger
- Poor concentration & attention
- Sleep disturbance

NEGATIVE SYMPTOMS
- Loss of initiative
- Decline in functioning
- Diminished expression or experience of emotion
- Social isolation
- Low energy
- Apathy

PERCEPTUAL CHANGES
- Unusual bodily sensations
- Seeing images out of the corner of the eye
- Seeing things that others don’t seem to see
- Hearing sounds that others don’t seem to hear
- Changes in the way things sound
- More sensitive to light or things appear different in color, brightness or dullness
- Changes in the size of shape of an object
- Changes in smell or taste

GRANDIOSITY
- Irrational ideas of special identity or abilities
- Unrealistic goals or plans

SUSPICIOUSNESS
- Feelings of being talked about, laughed at or being watched
- Loosely held ideas of being in danger

UNUSUAL THOUGHT CONTENT
- Feeling that the world has become strange and unreal
- Confusion about what is real or imaginary
- Feeling that things in the environment have special meaning
- Feeling that others are trying to give special messages
- Feeling of thought insertion or withdrawal
- An altered sense of time
- Déjà vu
- Preoccupation with superstitions
- Unusual thoughts about the body, guilt, jealousy or religion

DISORGANIZED SPEECH
- Vague or odd speech
- Straying from topic
- Speech rate too fast or too slow
- Trouble finding the right word, inappropriate word use